



heart
disease

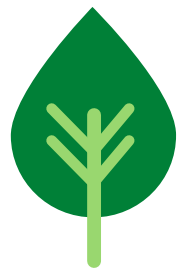
is Canada's

2nd leading

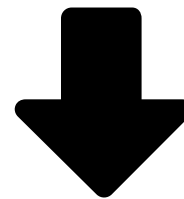
CAUSE

OF DEATH¹⁹

nature
exposure



blood
pressure



heart rate



Sympathetic
nervous
system²⁰

